

# CYCLIST SAFETY STAY A.L.E.R.T



## AWARE

Watch for turning vehicles  
Ride outside of the door zone  
Stay alert for debris, potholes & road hazards



## LAWFUL

Obey traffic signals and stop signs  
Ride with traffic, not against it  
Use the rightmost lane whenever possible



## EYE-CATCHING

Wear bright vivid clothing, like the 3FP Jersey  
Ride on roads, avoiding sidewalks  
Use bright lights: white front & red rear



## RIDE READY

Perform an ABC Quick Check  
Plan your route  
Wear helmet, gloves & appropriate clothing



## TELEGRAPH

Make your intentions clear to drivers  
Scan the road and use hand signals  
Avoid weaving between parked cars

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# CRASH RESPONSE



## 1

### **STAY SAFE ASSESS INJURY**

Move out of traffic if possible  
Check yourself and others for injuries  
Call for medical help if needed

## 2

### **CALL POLICE & REPORT**

Always report the crash, even if minor  
Provide facts, but do not admit fault  
Ask how to obtain a copy of the report

## 3

### **GATHER INFORMATION**

Driver's name, contact, license & insurance  
Witness names & phone numbers  
Photos of scene, vehicle, bike & injuries

## 4

### **SEEK MEDICAL ATTENTION**

Injuries can appear hours or days later  
Keep records of all medical visits  
Save damaged gear and clothing as evidence

## 5

### **PROTECT YOUR RIGHTS**

Avoid quick settlements or signing anything  
Contact a lawyer if unsure ([bikelaw.com](http://bikelaw.com))  
Report unsafe road conditions to locality

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